

The Twentieth Annual Headingley Fire Department Run/Walk for Wishes Is Going Virtual



- Due to social distancing requirements as a result of the Covid-19 pandemic, Headingley Fire Department Run for Wishes 2020 will not be held physically, but will be occurring virtually.
- Proceeds from the event will be donated to the **Children's Rehabilitation Foundation,**
- **Canadian Mental Health** and a number of other worthy causes during the course of the year.
- Choose how you're going to participate. You can run, walk, cycle, rollerblade or whatever. Just get out and be active
- Go to our website: headingleyfiredepartment.com Check it out. It's brand new. We're really proud of it!
- Enter by clicking on to the **REGISTER NOW** link. That will take you to the Running Room on-line registration page. You can choose to participate for only \$8.50 and you also have the option to purchase our amazing 2020 t-shirt for only \$10.00 more.
- Do your activity. Do it anywhere and do it anytime during the month of May. Document your participation; take a selfie or take a screen shot of your route and post it on our Instagram Page. You'll find a link to the page on our website.
- Feel great about supporting some amazing organizations and helping out some kids who will benefit greatly from your participation.
- There will be lots of draw prizes that every participant will be eligible to win. After May 31, we'll draw for a bunch of great prizes that have been donated by some wonderful companies.
- Spread the news!! Tell your friends, neighbours, relatives, anyone about this event. The more people who participate, the better. Spread the news!!
- Call Glenn or Joanne at (204) 333-9007, (204) 889-5806, or Doug at (204) 782-8217 if you have any questions.
- **RUNNING APART - STANDING TOGETHER - MAKING A DIFFERENCE**